The MCH Minute



FROM THE EXECUTIVE DIRECTOR

haring MCH's Story

One of our priorities is to strengthen connections with residents, families, staff, and the community by providing clear, impactful communications that highlights the incredible work happening at MCH.



By enhancing our efforts, we aim to amplify and recognize contributions across all departments and create more opportunities for everyone to feel valued, empowered, and well-informed. This includes improving how we share updates, initiatives, and successes.

One exciting project underway is the redesign of our website, tackled in conjunction with our efforts to help attract candidates to our Nurse Aide Training Program.

In preparation, our communications team has already started rolling out improvements. They've launched a News section at

MonroeHosp.org/communications to feature resident stories, staff achievements, photos, videos, and more.

This page also helps boost our social media presence by directing users back to the website to explore careers, volunteer opportunities, donor support, and our range of services. We've also launched an online calendar (MonroeHosp. org/calendar) for events and important dates.

These efforts complement traditional efforts, with the goal of keeping you informed and engaged.

If you have a story idea, please fill out the form on our online communications page or contact Senior Information Specialist Todd Clausen-he's eager to hear from you! And don't forget to follow, like and share our story as we grow MCH's impact in the community.

Opportunities Await in New Care Unit



MCH is now recruiting for open positions in a new end-of-life unit set to launch this summer on Faith 4 Center/

West. Employees interested in joining this specialized team are encouraged to apply for a range of nursing, clerical, and management roles

Preferred qualifications include previous experience in a hospice-like setting, although specialized training will be provided.

If you're ready to grow and be part of a dedicated team, reach out to Human Resources or scan the QR code to visit the county's job portal.

State Grant 'Lifts' Care at MCH

In a step forward for both patient safety and staff well-being, MCH has started installing several ceiling lifts in resident rooms using \$635,000 in funding from the New York State Health Care Transformation Program.

The funds enabled MCH to purchase and install 16 electric ceiling lifts and train staff in their safe and effective use. These lifts improve resident care and mobility while significantly reducing staff injuries.

For residents with limited mobility, transfers are smoother and safer, reducing both discomfort and the risk of injury. This is especially valuable for long-term care residents who require frequent repositioning.

Research shows that ceiling lifts can virtually eliminate staff injuries related to resident handling.



Administered by the State Department of Health and the Dormitory Authority of the State of New York, the Health Care Facility Transformation Program supports quality improvements in long-term care across the state

Rehab Starts A Touching Tradition

Patients discharged from the Rehabilitation Unit now receive a heartfelt send-off marking a major milestone in their recovery journey—leaving MCH for home or another setting.

As part of the celebration, each patient adds their fingerprint to a mural designed by therapist Victoria Ackart. The mural, featuring a symbolic tree of growth, represents the determination and hard work of patients throughout therapy.

Displayed in the rehab unit, the mural offers a lasting visual of achievement. Patients also receive a certificate of completion and may take celebratory photos with loved ones and staff.



For those transitioning to long-term care, the team provides handcrafted fleece blankets made by residents and staff—offering warmth and comfort for their next chapter.



HIGHLIGHTS

FRIE EARNS TOP UNIT AWARD

MCH is proud to announce that Friendship 1 East has earned the Top Unit Award for Q1 2025 by achieving the highest score during Environmental Rounds.

Several units excelled in maintaining high standards of care and compliance, but FR1E stood out for its dedication and performance.

A huge shout-out to the FR1E team—and all staff—whose hard work helps us provide the best possible care.

RUN OR WALK WITH MCH

The Monroe County Wellness team has pulled together a few dates for group training leading up to the Corporate Challenge on May 22 at Innovative Field.

These voluntary outings allow you to go at your own pace and do not replace scheduled work hours. Each begins at 4:30 p.m.

- · April 23: Durand-Eastman
- April 30: Civic Center, Court St.
- · May 7: MCH, E. Henrietta Road
- May 14: Durand-Eastman

Click "Rochester" at

JPMorganChasecc.com by April 24 to register for the Corporate Challenge. Contact Nicole Dobson with questions and watch for updates in your email.

DON'T MISS OUT ON WORK BENEFITS

Are you missing out on retirement benefits? Did you know that certain MCH employees are eligible for pre-tax retirement savings through MissionSquare Retirement. They can help you:

- · Build and stick to a savings strategy
- Explore investment options
- Get tools and resources for retirement planning

Employees interested in learning more can contact Stephanie Keur, Retirement Plans Specialist, at sekeur@missionsq.org or (202) 759-7029.