The MCH Minute

Your monthly newsletter to keep you informed on all things MCH!



Tidbits

Updates from Executive Health Director Alyssa Tallo

 November is National Home
Care & Hospice Month. Sending a special note of gratitude out to our hardworking hospice care staff for the outstanding care and services

you provide to MCH residents.

- Thank you to Food & Nutrition for again coordinating the "Socktober" campaign! We appreciate everyone who donated socks, which are the least donated and therefore most needed clothing item at homeless shelters in our community. Your generosity resulted in an impressive 400 pairs of socks being donated to the Salvation Army!
- As you all know, the MCH Employee Spotlight program continues to be a big success with more nominations in October than we've ever had! To keep it going strong, we've adding another convenient way for you to get us your submissions. Look for drop boxes in the Friendship lobby, Garden lobby, and at the main entrance and please, keep them coming!
- Tapestry Gift Shop is now open 7 days a week, including Sundays! The Resident Library formerly on Faith 3 has now relocated. The DVD Collection is now located in the Game Room and the Library is in Room 1FE13, just off the Hope Lobby.



The Resident Library is now located in Room 1FE13, on the first floor near the Hope building entrance.

Fall Festivities at MCH!



A beautiful autumn day celebrating Fall Fest at MCH.



Congratulations to the Environmental Services Department for winning this year's Fall Fest Scarecrow contest!



Congratulations to the Recreation Department who were voted Best Costume during the Halloween parade!

Staff Developent for 2024

Starting in January of next year, mandatory in-services will be offered in a method that will make it easier for everyone to meet this training requirement.

Each month, two of the mandatory in-services will be presented live, and the updated on-line program will be posted on our Video Library. If everyone completes these sessions each month, they will easily be able to complete all mandatory in-services by years' end.

The 2024 mandatory in-service training schedule will be posted in December of 2023. As always, if you have any questions, please reach out our Human Resources Office.

Featured MCH Moments *Submitted by Staff*

Thanks again to everyone who answered the call to share their stories! Please keep the stories coming! Send yours to colleenmccarthy@monroehosp.org to be featured here or on Facebook. We are encouraged and inspired by every single moment, and are proud to share them with the world. Team MCH for the win!

I have been a nurse for 19 years and have had the honor of witnessing love, death, sadness, and joy with many elders. One moment that stood out the most happened recently. Mrs. B has been a resident of mine for about a year. Mrs. B has dementia and is very busy, sitting for only minutes at a time. Mr. B, her husband, just became a new resident on the same floor. On Mr. B's first day, I was in his room with him. Mr. B was sitting on his bed and I was standing in front of him. In walks Mrs. B. She took my hand and bent down to look at her husband sitting on his bed. She stated, "Is that you Mr. B?" He replied, "Yes. It's me." Mr. B immediately stood up and they hugged for a long time. Then Mr. B told his wife, "I will love you till I die." I was teary eyed and couldn't speak for a minute. I shared this touching story with my coworkers and each time my eyes watered. Even with such a cruel disease like dementia, true love prevailed.

- Michelle Starkweather, Nursing

Happenings at MCH!



MCH expressed gratitude to the many dedicated volunteers during the Thanks-for-Giving luncheon held this month.



Biodance and the University of Rochester Dance Program held a moving performance for our residents!



Thank you to the Rochester Philharmonic Orchestra for their special concert for residents in the MCH Auditorium.