



## **A Special Message from Executive Health Director Alyssa Tallo**

Dear MCH Family,

• Thank you to the staff who participated in our National Have Fun at Work Day event on January 26. Congratulations to

Team X for earning the top spot for 2024. We'll see you again at next year's competition!

• MCH recently nominated **Michelle Walker** and **Parise Seale** for the RBJ Healthcare Hero Award, for their significant contributions to MCH. Michelle and Parise are committed to ensuring that residents receive the best quality of care possible, and were instrumental in piloting and providing feedback to help craft our Shower Aide positions within the Rehab Department. We thank them both for their years of service and positive attitudes, and are excited to announce that Michelle was selected by the RBJ as a 2024 Healthcare Hero. Please join us in congratulating these ladies for their nominations, and thanking them for their ongoing contributions. We are so incredibly proud of you both!

• Construction for our state-of-the-art Simulation Center on the 7th floor continues. Once complete, the Simulation Center will serve as a resource to simulate life-like events and patient care scenarios, creating opportunities for staff to become more comfortable and proficient in their technique and response. Thank you to the MCH Foundation for their commitment to purchase the first high-tech Nursing Anne Simulator Manikin to be used in the Center!

Sincerely,

*Alyssa Tallo*

## **Transitions: Checking in with Jasmine Alers from the EVS Team**

Jasmine came to MCH in early 2023, when she started in Food & Nutrition before transferring to Environmental Services in July. She quickly became known for her warm personality, cheerful disposition and absolutely infectious laugh.



She had a great time in food services where she particularly enjoyed her colleagues, but has found Environmental Services to be the perfect fit. Jasmine encourages others to consider their career path and how best to ensure longevity in their career. Like a lot of us, she loves MCH and hopes to be here for many years to come!

### ***What is your favorite thing about MCH, and what do you most enjoy about working here?***

I enjoy helping people in all types of ways. Cleaning for the residents and just knowing that they have a nice environment to rest in makes a real difference in their lives. I also love being able to go into their rooms and empower them to vent about their day, consoling them about their health challenges or personal situations that they're dealing with on a daily basis. Simply being able to put a smile on the faces of our residents, knowing the hardships that they endure, is very meaningful to me. I also enjoy my wonderful boss and supervisors! The people who work at MCH and the residents that live here would have to be my favorite thing about working here, hands down. I have never met so many amazing, kind, warm hearted people in one place before. The employees here are like no other – they are hard-working, dedicated, friendly people.

They are always complimenting and supporting me. They have helped my son by getting him into a soccer league, and helped me to advance in my career. The atmosphere feels so family oriented here. Believe me, I could go on!

***What advice do you have for others who are interested in changing positions here at MCH?***

I encourage all employees at MCH to want better for yourself, and to think ahead to what your goals are and how you're going to reach them. I myself would like to be a Registered Nurse or a Medical Director someday. It all begins with a single step. If you are interested in a position, just go for it! There's no shame in your game, and as I like to say: you're not risking the biscuit if there's an even better biscuit!

---

## **Leadership Development Course Continues**

**Jacob Letourneau**, Senior Director of Food and Nutrition, continues to oversee a Leadership Development course, with the fifth session kicking off in March. The four session program is geared towards new and existing MCH leaders that are looking to expand their leadership toolkit through an interactive training. The fifth class recently graduated with 12 leaders achieving diplomas from departments across the hospital including Nursing, The Business Office, Laundry, HR and others. This program blends multi-media presentations and interactive learning activities, while focusing heavily on observations and best practices shared by those taking the class. Together we work on defining and crafting a culture of leadership we can all be proud of.

"The Leadership Development Course Jake has put together is practical, easy to grasp, interesting and interactive," said Gerald Frith, Director of Environmental Services. "Developing your leadership skills is obviously important if you want to be a good role model, and help others understand, value and collaboratively achieve MCH's goals. I learned a lot and would encourage anyone interested to take advantage of this great

resource." To sign up, seek manager approval and reach out to Jacob at [JacobLetourneau@monroehosp.org](mailto:JacobLetourneau@monroehosp.org).

## **Tremendous Success in Wound Care!**

Recently, the interdisciplinary team and **staff on FA2E** were able to heal a chronic wound that has been impacting an MCH resident since April of 2019. Most believed that the wound would likely never heal. You may actually be surprised to learn that roughly 10% of chronic wounds never do! Unfortunately, many patients have significant health conditions or associated treatments that prevent healing. This particular success was incredibly gratifying and hard-won by all involved. "I'm very proud of the staff on Fa2E and the MCH interdisciplinary team who cares for this resident," said Wound Care Clinician **Greg Lott**. "This is a significant accomplishment and I welcome all MCH staff, residents and family members to join us in celebration."



*Monroe County Executive Adam Bello hands out carnations to MCH residents at our St. Valentine's Day celebration. (Top photo) Gary Rose and Beth Gillett announce the MCH Groundhog's prediction on Groundhog Day. (Lower photo)*