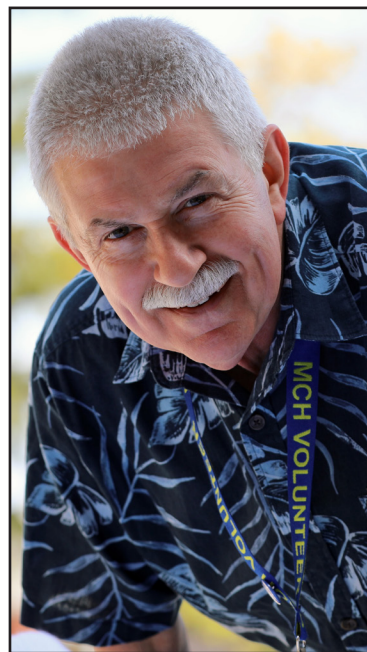




Delivering Service that Matters

MCH marked National Volunteer Month in April by honoring nearly 90 individuals who volunteered a total of 12,228 hours, or nearly 510 days, in 2025.

Some volunteers logged more than 500 hours at MCH last year, helping to play an important role across 18 different areas to support daily life for residents. Each volunteer was invited to a catered lunch with prizes and activities to thank and celebrate their contributions.

Specifically, volunteers support resident



transportation, provide companionship, and assist with recreational and pastoral care, operations at the Tapestry Gift Shop

and thrift shop, gardening, and special events. Volunteers also support one-on-one resident engagement through activities such as reading, music, crafts, and much more.

The program added approximately 20 new volunteers in 2025 and included community partners such as Alpha Xi Delta of Rochester Institute of Technology, First American Equipment Finance, Garber Automotive, Nazareth University and the University of Rochester.

FROM THE EXECUTIVE DIRECTOR

MCH Volunteers Have Extraordinary Impact

At MCH, we continue to see the powerful impact that service and community engagement have on our residents, and I want to extend my heartfelt appreciation to all of our volunteers, especially those who regularly contribute their time and compassion.

Your contributions are felt in both visible and quiet ways — supporting residents, assisting staff, and helping create moments



of dignity, comfort, and connection throughout our campus. This work matters, and it strengthens our ability to provide care every day.

From supporting special events to offering a helping hand in everyday moments and advocating for our residents, your service bolsters our community in lasting ways. While I am still away on maternity leave, I wanted everyone to know how much I value our volunteers and

to encourage us all to invite others to join us.

If you know anyone who is interested in volunteering, please have them contact Laurie MacFarlane at (585) 760-6151 or visit monroehosp.org/volunteer for more information. Again, thank you to everyone who volunteers at MCH and all those supporting our volunteers!

Alyssa Tallo

HIGHLIGHTS

CLASSIC CAR SHOW RETURNS JUNE 16

The Annual Classic Car Show, now including motorcycles, is scheduled to return Tuesday, June 16, from 6:30 to 8 p.m. in Parking Lot No. 1 at MCH.

The event features vintage, antique and classic cars and motorcycles and brings together MCH residents, staff and community members who appreciate automotive history.

Space is still available. To register your ride, call (585) 760-6152 or email MaryMcDowell@monroehosp.org.

SUMMER PICNIC SERIES ANNOUNCED

The MCH Café will again host its Summer Picnic Series in the Gail DeRitter Pavilion, which includes:

- **Pig Roast:** June 10
- **Sliders:** July 8
- **Greek Street:** July 22
- **Chicken BBQ:** Aug. 5
- **Rib Fest:** Aug. 19
- **Seafood Boil:** Sept. 2

Pre-sales are available in the cafeteria. For complete details, visit: Monroehosp.org/post/outdoor-picnic-series-returns.

SUMMER FUNDRAISERS

The MCH Auxiliary and MCH Foundation have launched separate summer fundraisers.

The Foundation, which is supporting MCH's Bicentennial Celebration on Monday, Sept. 14, has begun a 50/50 raffle (\$2 per ticket or 20 for \$20). To participate, stop by the Foundation Office. The winner will be announced during the September celebration.

The Auxiliary is selling scratch-off lottery boards in the Tapestry Gift Shop. Tickets are \$5 each or five for \$10.

It's drawing will be held June 30 in the Garden Lobby.

MCH Hosts Inspirational Speaker

Cynthia Huling Hummel was a Presbyterian pastor working on her doctorate when she began noticing changes in her memory.

After years of visits with doctors and medical specialists in search of answers, she finally received a diagnosis at age 49: Alzheimer's disease.

Now 72, Huling Hummel shared her story with approximately 60 people at MCH during "Living With Dementia: From Why Me to What's Next?"

"All of us living with Alzheimer's are different," she said. "Part of it is realizing that you're not alone in this journey. There are other people who want to help."



Today, she is among an estimated 7 million Americans living with Alzheimer's, a progressive disease affecting memory and other cognitive abilities and the most common form of dementia.

Rather than step back, Huling Hummel stepped up. She joined the Peace Corps, took classes at Elmira College and continues to pursue new experiences, including swimming, music and public speaking.

She has since become a national advocate for dementia awareness, using art, storytelling and research participation to challenge perceptions of the disease and encourage others to remain engaged and connected.



Skilled Nursing Care Week

MCH celebrates National Skilled Nursing Care Week with a special "Moments in Bloom" theme that included decorating potted plants, visiting the Lilac Festival, poetry writing, and much more.

MCH Welcomes Social Work Manager

MCH is pleased to welcome Sarah Emerson as Medical Social Work Manager. Sarah brings nearly 30 years of social work experience and a strong commitment to supporting residents, patients, families and staff to MCH.

She earned her Master of Social Work degree from Syracuse University in 1996 and became licensed the same year. Previously, she served as the social work manager at Rochester General Hospital, where she developed extensive leadership experience in patient-centered care and interdisciplinary collaboration.



EMERSON

In her new role, Sarah hopes to use her knowledge and experience to provide meaningful support to residents, patients and team members while helping advance the hospital's mission of compassionate care.

Sarah shared that she has long admired the iconic MCH campus and is thrilled to join the organization. She also expressed gratitude for MCH's support of veterans and military families, noting her own family's long history of military service.

Also, Sarah is excited to serve individuals with developmental disabilities, a group she has dedicated her career to serving.